



## 10 WAYS TO REDUCE YOUR LABORATORY PLASTIC WASTE:

1. Reuse micropipette tip boxes
2. Buy tips in bags
3. Use glass petri dishes
4. Order in bulk
5. Order from sustainable companies
6. Prepare master mixes
7. Use glassware when possible
8. Calculate your required consumables to evade creating duplicates
9. Cut labels in half
10. Prepare culture media in bulk

**BATTLE THE POLLUTION**

EXPERIMENT RESPONSIBLY