**SOP Name:** Overnight Cultures

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**Source(s):** Adapted from Exeter 2015

Time Required: 10 minutes then incubate overnight

**Materials:** 

• 50 ml falcon tube

• LB broth (610 ml)

Glycerol stocks/cell colonies

• Correct antibiotic (1/1000 LB broth volume)

## **Procedure:**

- 1. Under sterile conditions, pipette 610 ml of LB broth into a labelled Falcon tube.
- 2. Pipette 610  $\mu$ l of correct antibiotic into the Falcon tube (1/1000 of LB broth volume).
- 3. Pick one colony, or scrape a small amount of glycerol stock out of the cryotube, with a pipette tip and drop it into the Falcon tube.
- 4. Incubate of 16-18 hours overnight at 37°C in the shaking incubator. Adjust the incubation time as required.