## **Photobleaching Protocol**

- 1. Spin down overnight cultures of cells at 5000 RPM for 10 minutes
- 2. Re-suspend in 3 ml of PBS Buffer
- 3. Pipette 100  $\mu$ l of culture into wells of 96-well transparent flat bottomed Grenier Plate and read in the TECAN plate reader for the initial zero time point
- 4. Designate one plate to be exposed to light in the photobleaching chamber
- 5. Designate the other plate as the control plate and keep this plate in a dark, 37 °C incubator
- 6. Expose plate for a pre-determined amount of time
- 7. If doing multiple time points, read samples at designated time points using the TECAN plate reader